

INTEGRATED LIFE STRATEGIES NEWSLETTER

2020

CAUSE FOR REAL CONCERN

In the US , in women the cause of “death by neurological disease” has increased 663 % in the last 20 years

“Neurological deaths of American adults (55–74) and the over 75's by sex compared with 20 Western countries 1989–2010: Cause for concern” Colin Pritchard, Emily Rosenorn-Lanng Surg Neurol Int 23-Jul-2015;6:12 disorder by the time they reach the age of 4 (Stephanie Seneff PhD).

We are experiencing an epidemic of college age depression and anxiety and increase in sleep disorders. Also concentration disorders crazyily increased.

When routers are turned off at night, much of the sleep disorder issue remediates.

THE URGENCY OF UNDERSTANDING EMR (ELECTROMAGNETIC RADIATION) AND WHATS COMING

https://the5gsummit.com/order/?idev_id=27496

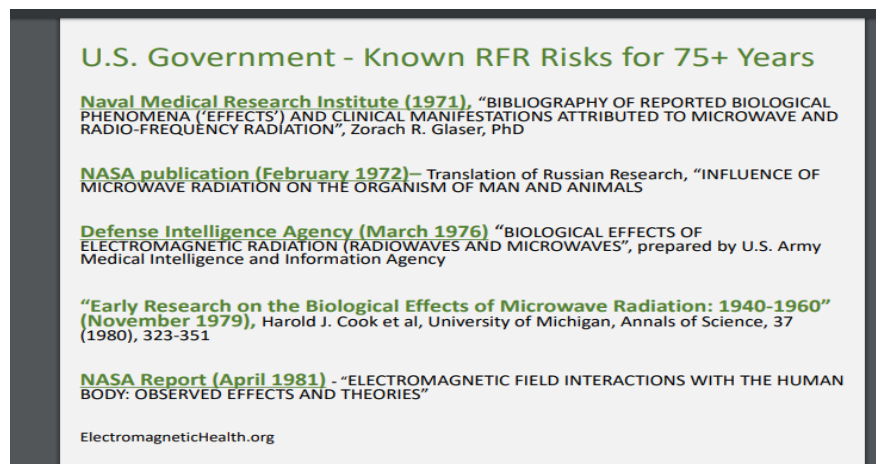
To Order the 5G Summit for yourself – click on this link

<https://ElectromagneticHealth.org>,

<https://klinghardtinstitute.com>,

<https://CreateHealthyHomes.com>

<https://BuildingBiologyInstitute.org>



Lets start by understanding the effects of Electromagnetic radiation from 4G that current exposure is causing.

4G transmission is on a 2.4 and 5.8 GH wavelength. The body does not recognize this wavelength and so exposure to this wavelength disrupts the body’s electromagnetic functions. All cellular intercommunication is based on electrical impulses. Mitochondria is energy. The cardiovascular and nervous system are electrical in nature. In our basic form we are 100% energy and so energetic signals very much affect our whole being.

So, in essence, the radiation disrupts the natural communication in the body. It suppresses immunity and provokes viral and bacterial attacks.

A few statistics from recent research (klinghardtinstitute.com)

The “health span” has decreased in the last 20 years by 10 years and is exponentially shortening

Radio frequency (RF) Radiation linked to 10 different cancers.

In the last few years, 80% of insects and 75% of songbirds have vanished – but only in areas with “good” cellphone coverage (which is now blanketing the western world)

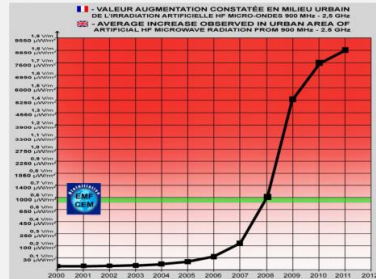
The number of autistic children increases every 5 years and by 2025, 50% of the children born may be diagnosed with a life-long neuro-developmental disorder by the time they reach the age of 4 (Stephanie Seneff PhD). Autism has been linked to both gestational exposure to toxins, infectious pathogens and electromagnetic radiation (EMR). This author detected a gestational microwave exposure in autistic children over 20 times higher than in the neurotypical children.

40% of college students polled said their depression was so bad they couldn't function

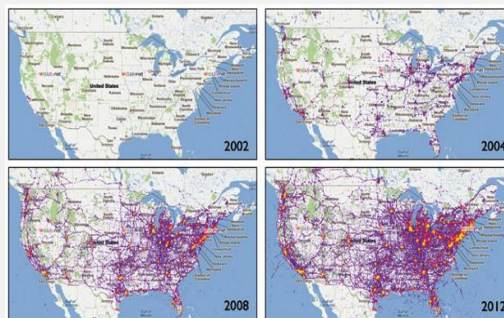
61% of same said felt overwhelming anxiety during the same period.

Source: American College Health Association survey, 62,000 students, 92 schools

Growth in Exposure to Microwave Radiation 2000-2011



GROWTH IN WIFI NETWORKS 2002-2012



SYMPTOMS OF EXPOSURE TO RF/EMR INCLUDE:

- FATIGUE
- MEMORY LOSS
- BRAIN FOG
- SLEEP DISTURBANCE
- HEADACHES
- DIFFICULTY CONCENTRATING
- DEPRESSION/ANXIETY
- INCREASE IN ALLERGIES
- HEARING DISRUPTIONS
- VISUAL IMPAIRMENT
- CARDIOVASCULAR ISSUES
- DIZZINESS/NAUSEA
- PHYSICAL PAIN/IMPAIRMENT
- INFLAMMATORY ISSUES

From 2000-2012 the exposure has increased from 900 MH to 2.8 Ghz. 5G will come up to 26Ghz which will interfere with intracellular communication in an even greater way. 4G towers will increase by 100x. 5G has never been associated with cell use – mainly military use (yikes) and satellite phone and cable.

The Microwaves Cause Studies show that EMR affects the voltage gated calcium channels and causes release of **peroxynitrite** at higher quantities. This release is **exacerbated by glyphosate (roundup) Dietary sugar and other chemicals** also increase the release of peroxynitrite. This makes holes in the blood-brain barrier which allows for toxins and junk chemicals to have more access to the brain. It also exacerbates the effects of mold and Lyme bacteria, Epstein Barr Virus etc. on the body by suppressing the immune system. Neuronal damage is likely to result and thus connected to ALS, Alzheimer's and Parkinson's exponential increase in past 20 years.

Melatonin is best scavenger for Peroxynitrite.

Direct damage to over 100K metabolic enzymes, channels and mitochondria (engines) inside our cells.

A special camera which measures the biofield shows jumpy, sparky and imbalanced light on side of body where phone is held.

The body does not know how to respond to the waves since they do not occur naturally in nature and views the waves as an invader.

Resulting are SERIOUS illnesses related to

- Free radicals,
- mitochondria dysfunction,
- inflammatory illnesses,
- neurological diseases,
- mental illness,
- autoimmune diseases,
- oxidative stress.

- The EMR may also trigger a fight or flight response which puts the ANS in burnout mode and releases cortisol which takes a toll on adrenals and rest of the body.

The results were as follows:

Body Voltage Levels:

Median Body Voltage Level in Mom's Bed During Pregnancy*


	Value	Range
Neurologically Impaired Children	1,872 milliVolts	(380-6,040)
Healthy Group	224 milliVolts	(12-480)

8.4x Higher body voltage levels in moms with neurologically impaired children
**Note research shows whatever the Body Voltage of the Mom, it is even higher in the fetus.*

Body Voltage of child in current bed location

	Value	Range
Neurologically Impaired Children	1,028 milliVolts	(420-4,900)
Healthy Group	120 milliVolts	(0-230)

Conclusion: 8.5x Higher Body Voltage in Neurologically Impaired Child's Sleeping Location

www.KlinghardtInstitute.com 

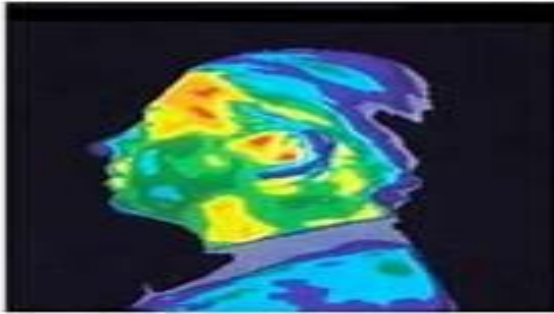
Here are a few other effects shown in studies over the last years: Male dysfunction, decrease in sperm and motility, decrease in plant health and increase in flammable turpines in plants.

“EM fields is affecting the four things we value most,

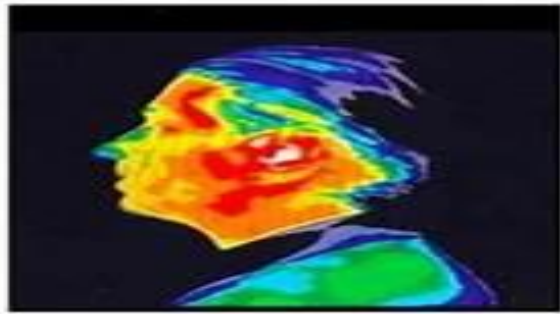
- our health,
- our brain function,
- the integrity of our genome and
- the future of a healthy offspring”. Martin Paul

Heavy metals in the body act as an antenna. What happens when you put metal in a microwave?

- Holding a phone up to your mouth with mercury fillings causes immediate mercury gas leak.
- Heavy metals slow down detoxing and leave the body in an already weakened state and facilitate the neurological pathologies
- One study showed a 7 minute call can activate a dormant Epstein-Barr virus in the body.
- If we have a chronic endotoxin-producing infection such as Lyme, or exposure to mould in our home, or chronic EBV – WiFi and the use of the cellphone massively potentiates the virulence of the problem and opens the blood-brain barrier (so our CNS turns to mush)



Thermographic image of the head with no exposure to harmful cell phone radiation.



Thermographic image of the head after a 15-minute phone call. Yellow and red areas indicate thermal (heating) effects that can cause negative health effects.

IN SUMMARY, EMR/RF EXPOSURE IS DIRECTLY AND EVEN CAUSALLY LINKED TO:

- | | | | |
|--------------------------------|----------------------------|-----------------------|--------------------|
| CANCER | AUTO-IMMUNE DISEASES | NEUROLOGICAL DISEASES | AUTISM |
| DEPRESSION/ANXIETY | INFERTILITY | SLEEP DISORDERS | HORMONE DISRUPTION |
| OBESITY | THYROID AND ADRENAL ISSUES | LEARNING DISORDERS | BIRTH DEFECTS |
| ACCELERATED AGING/DEGENERATION | CARDIOVASCULAR DISEASE | GENETIC MUTATION | |

Biological effects of EMFs

- Oxidative damage
- Mitochondrial dysfunction
- ↓ Melatonin
- ↑ blood viscosity
- Changes in hypothalamic regulation & cerebral blood flow
- ↑ increased cortisol and adrenaline
- ↓ neurotransmitters
- ↑ Calcium efflux
- ↑ mobilization of Hg from amalgams

ElectromagneticHealth.org

HERE IS WHATS AVAILABLE AND COMING TO THOSE WHO WANT A “SMART” HOME (not smart, not safe)



**THERE IS HOPE WITHOUT MOVING TO THE RAINFOREST OR
A REMOTE ISLAND !**

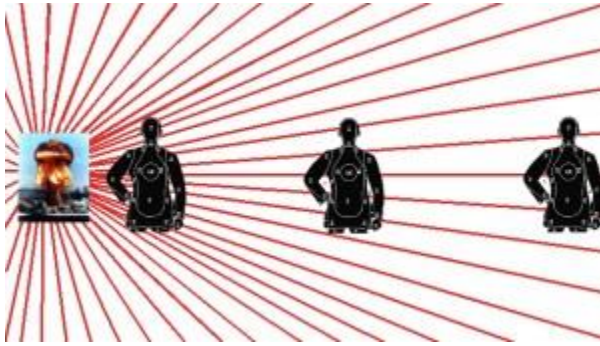
EFFECTIVE WAYS TO MITIGATE EMR EXPOSURE AND ABSORPTION

3 WAYS

- **Reduce exposure**
- **Increase Protection**
- **Increase Body's resilience**

Reduce Exposure

- **Use Ethernet instead of wifi in house if possible – convert to hard wires vs wifi in the house with computers, tvs etc. (Call local internet carrier)**
- **Turn off Wifi Router at night or use timers**
https://www.amazon.com/gp/product/B01LPSGBZS/ref=as_li_qf_asin_il_tl?ie=UTF8&tag=integratedlif-20&creative=9325&linkCode=as2&creativeASIN=B01LPSGBZS&linkId=5a326508c11fb3d34ce881024cfbodfo
- **Set phone and electronics as far away as possible**
- **Look at image of law of inverse-square for radiation**



- Don't carry phone on your body
- Distance is your friend. Instead of holding your phone next to your head during a call, always use either "hands free" or a wired earpiece.
- Turn off Bluetooth and do not use a Bluetooth earpiece.
- Turn on Airplane Mode at night when you sleep & as much as possible during the daytime. Do not use the wifi feature unless necessary.
- Don't wear a wifi watch – sorry = that apple watch or fit bit is adding deadly daily radiation.
- Avoid smart devices in general in work space – printers, mouses, keyboards etc. just use good ol hard wired devices.
- Buy bluetube earphones (blocks emfs) don't use airpods or bluetooth
https://www.amazon.com/gp/product/B0058DAHVQ/ref=as_li_qf_asin_il_tl?ie=UTF8&tag=integratedlif-20&creative=9325&linkCode=as2&creativeASIN=B0058DAHVQ&linkId=a1f20beoedo839ea1355cbad1a193713
- Have an emf detector to test various parts of home
https://www.amazon.com/gp/product/B07B9WHGN3/ref=as_li_qf_asin_il_tl?ie=UTF8&tag=integratedlif-20&creative=9325&linkCode=as2&creativeASIN=B07B9WHGN3&linkId=543321e7407b95afdfb24a06faeb532c

Activate and increase Protection

- Carry personal protection on body to create opposing frequency in your personal magnetic field – easy to carry cc size indestructible protector. Order these magnets on Robin's site – special offer – buy 3 get a shunghite pendant free
<https://www.integratedlifestrategies.com/product-page/kal-omega-with-lemon>
- Use orgonite towers to neutralize wifi and frequency within a 3-4 ft radius of device. Use several towers around things like a router
<https://www.integratedlifestrategies.com/products>

- **Phone sleeve to mitigate exposure**

https://www.amazon.com/gp/product/B072XV7CHC/ref=as_li_qf_asin_il_tl?ie=UTF8&tag=integratedlif-20&creative=9325&linkCode=as2&creativeASIN=B072XV7CHC&linkId=3db9f972cb1b5772bc42d3750foe2fe8

- **Whole house mitigation device – great reviews – covers 20,000 s.f.**

https://www.amazon.com/gp/product/B00BQJ7BJC/ref=as_li_qf_asin_il_tl?ie=UTF8&tag=integratedlif20&creative=9325&linkCode=as2&creativeASIN=B00BQJ7BJC&linkId=ec540e5b604bc665e4a2421b3348e2d7

- **Smart meter cover**

https://www.amazon.com/gp/product/B00X45QSKO/ref=as_li_qf_asin_il_tl?ie=UTF8&tag=integratedlif-20&creative=9325&linkCode=as2&creativeASIN=B00X45QSKO&linkId=31cb4b01e4e70b0c51a4f2d7e720a340

- **EMF protective fabric**

https://www.amazon.com/gp/product/B01M294MGK/ref=as_li_qf_asin_il_tl?ie=UTF8&tag=integratedlif-20&creative=9325&linkCode=as2&creativeASIN=B01M294MGK&linkId=cd68c3e27d1bcea379bddc95a8681078

- **Yshield paint (5 liters – expensive)**

https://www.amazon.com/gp/product/B01M294MGK/ref=as_li_qf_asin_il_tl?ie=UTF8&tag=integratedlif-20&creative=9325&linkCode=as2&creativeASIN=B01M294MGK&linkId=cd68c3e27d1bcea379bddc95a8681078

- **Emf blocking window film**

https://www.amazon.com/gp/product/B079WX6L8B/ref=as_li_qf_asin_il_tl?ie=UTF8&tag=integratedlif-20&creative=9325&linkCode=as2&creativeASIN=B079WX6L8B&linkId=3f6556bee00f7d60d7d179a04bfe309a

Increase Resilience

- **Ground 15-20 minutes a day – body touching concrete or dirt, bare or with natural fiber clothing (cotton or wool) can also be on metal directly contacting ground – the beach is even better**
- **Make sure adrenals are functioning well – taking regular vitamins and antioxidants (different than healing or detoxing, this is just keeping body healthy)**
- **Keep frequency high (read my book A believers guide to the Law of Attraction free on www.integratedlifestrategies.com)**

TESTED AND PROVEN SUPPLEMENTS TO HEAL THE BODY FROM THE DAMAGE CAUSED BY EMR

Melatonin is an amazing help for the effects on the cells and creates protection

1. First we have to detox the pineal gland. The following block melatonin production and cofacilitate the effects of waves:

- Fluoride
- Glyphosate
- Heavy metals (aluminum and mercury)

The sources of these are toothpaste, tapwater, anti-perspirant, chemtrails (which have been stopped by the Trump admin) vaccines, non-organic foods. First, we have to stop putting these toxins in our bodies

- Buy organic toothpaste and a water filter or filtered water that specifically filters out fluoride
- Stop wearing anti-perspirant (also linked to breast cancer)
- Stop getting shots
- Buy organic wheat, corn, meat, fruits and vegetables

Next we have to take certain products that will detox heavy metals and EMR. What happens when you put metal in a microwave? Metals act as antennas and spark when hit with microwaves.

Detox Pineal Gland and Heavy Metals

- **Get amalgam fillings replaced with composite (should do this anyway) – Also titanium implants act as a perfect antenna for radiation. Cell exposure causes mercury to be released from amalgam**
- **Sweat at least 5 minutes a day**
- **Colonics (weekly)**
- **Good lymph health**
- **Foot baths (ionic)**

Recommend an appt with practitioner for dosage etc to not throw into too heavy a detox

These dosages mentioned by Klinghardt protocols recommended. Klinghardtinstitute.com

- **Melatonin Suppository**

https://www.amazon.com/gp/product/B00DVMC3X6/ref=as_li_qf_asin_il_tl?ie=UTF8&tag=integratedlif-20&creative=9325&linkCode=as2&creativeASIN=B00DVMC3X6&linkId=583fd532d48a40a0dfe246cf8b2f2266

o Adult dosing: initially 500 mg or more. Permanent protective dose: 125-250 mg (can also be used as suppository) o Children: initial dosing 250 mg. Permanent dose: 80 mg. o For the first 3-6 months strong detox reactions are to be expected and should be dealt with – with the help of a practitioner

- **Propolis tincture: 2-3 dropperful 3 times per day (CAPE):**

<https://kiscience.com/product/propolis-plus/?affiliate=integratedlifestrategies>

- **Chlorella up to 15 tbl 3 x day between meals**

https://www.amazon.com/gp/product/B00FAB10ZI/ref=as_li_qf_asin_il_tl?ie=UTF8&tag=integratedlif-20&creative=9325&linkCode=as2&creativeASIN=B00FAB10ZI&linkId=bf77091cffe7d52fb23de47bcc18bda

- **Lava Vitae/zeolite – 2-3 capsules 2-3x day**

<https://kiscience.com/product/zeolite-powder/>

- **Alternate chlorella with Zeolyte 1/2 tsp 3x Day away from meals**

- **Coriandolo 2 dropperfuls 3x a day before meals – take synergistically with chlorella**
<https://kiscience.com/product/coriandolo-plus/?affiliate=integratedlifestrategies>
- **Detox powder 1 tsp 2x daily**
<https://kiscience.com/product/detox-support-powders/?affiliate=integratedlifestrategies>
- **Palmolo: 2 droppers 3x day**
<https://kiscience.com/product/pomolo/?affiliate=integratedlifestrategies>
- **Methyl folate and methyl b12 – Order B complex called Opti-methyl B (this is a foundational supplement for many many people anyway)**
Call 800-890-4547 – give code OHSRBRAUN to order and get 10% off initial order
- **Omega 3 and 6 (fish oil) brand matters**
https://www.amazon.com/gp/product/B00028ODSU/ref=as_li_qf_asin_il_tl?ie=UTF8&tag=integratedlif-20&creative=9325&linkCode=as2&creativeASIN=B00028ODSU&linkId=4b687040f934b34658ec5d41focdc4df
- **Desbio EMF Protect and Balance**
Email lisa at journeyhh@outlook.com to order

Most radioprotective and effective natural anti-oxidants

- **Ozone therapy**
- **Hyperbaric chambers**
- **RayWave (frequency enhanced extract from rosemary, propolis and ginkgo)**
<https://kiscience.com/product/ray-wave/?affiliate=integratedlifestrategies>
- **Detox powder (1 heaping tsp. twice daily,**
<https://kiscience.com/product/detox-support-powders/?affiliate=integratedlifestrategies>
- **KiVita tincture; 2-3 dropperful twice daily)**
<https://kiscience.com/product/ki-vita/?affiliate=integratedlifestrategie>
- **E-shield cream – body cream to block emr**
<https://kiscience.com/product/e-shield-cream/?affiliate=integratedlifestrategies>
- **Enteric support powder**
<https://kiscience.com/product/enteric-support-powder/?affiliate=integratedlifestrategies>
- **Complete ascorbate support**
<https://kiscience.com/product/complete-ascorbate-support-powders/?affiliate=integratedlifestrategies>
- **Broccoli sprout powder**
<https://kiscience.com/product/broccoli-synergy-powders/?affiliate=integratedlifestrategies>
- **Lava Vitae/zeolite – 2-3 capsules 2-3x day**
<https://kiscience.com/product/zeolite-powder/>
- **RoseHip powder: 1 tsp twice daily**
https://www.amazon.com/gp/product/B000UYFKZG/ref=as_li_qf_asin_il_tl?ie=UTF8&tag=integratedlif-20&creative=9325&linkCode=as2&creativeASIN=B000UYFKZG&linkId=b9dca882fb37f1fef1ff58428e973706
- **Deep Purple: Pomegranate, Acai, Plum: 1 tsp twice daily**
https://www.amazon.com/gp/product/B00C4MC2Xo/ref=as_li_qf_asin_il_tl?ie=UTF8&tag=integratedlif-20&creative=9325&linkCode=as2&creativeASIN=B00C4MC2Xo&linkId=4a6cceob3d8bff8odcd6ef941ed9883e
- **Baikalin powder: 1 tsp twice daily**
https://www.amazon.com/gp/product/B0778YXXMJ/ref=as_li_qf_asin_il_tl?ie=UTF8&tag=integratedlif-20&creative=9325&linkCode=as2&creativeASIN=B0778YXXMJ&linkId=1a1c72c9fc0f57b01ba8e308425e771f
- **Colostrum**

https://www.amazon.com/gp/product/B00IFH1NF6/ref=as_li_qf_asin_il_tl?ie=UTF8&tag=integratedlif-20&creative=9325&linkCode=as2&creativeASIN=B00IFH1NF6&linkId=85088b8b9d7670402083d379d9c3d8a2

Reducing Peroxynitrite in the body – the biggest cause of neural destruction

- **High doses melatonin also**
- https://www.amazon.com/gp/product/B00DVMC3X6/ref=as_li_qf_asin_il_tl?ie=UTF8&tag=integratedlif-20&creative=9325&linkCode=as2&creativeASIN=B00DVMC3X6&linkId=583fd532d48a40a0dfe246cf8b2f2266
- **Zeolite** - <https://kiscience.com/product/zeolite-powder/>

We Must Reduce Pathogen Load

- **Lyme: KiVita (4 dropperfuls 2x day)**
<https://kiscience.com/product/ki-vita/?affiliate=integratedlifestrategies>
- **Retroviruses: RetroV powder 1 tsp 2x day**
<https://kiscience.com/product/retrov-powders/?affiliate=integratedlifestrategies>
- **En-V Tincture 2 dropperfuls 2x daily**
<https://biopureus.com/product/biopure-en-v/>
- **Cistus Tea (mold, EBV, Lyme, biofilm) 4-8 cups day**
https://www.amazon.com/gp/product/B010TT8VAC/ref=as_li_qf_asin_il_tl?ie=UTF8&tag=integratedlif-20&creative=9325&linkCode=as2&creativeASIN=B010TT8VAC&linkId=f206aa58349df58a7cf222a7a00e6fc2
- **Broccoli Powder**
<https://kiscience.com/product/broccoli-synergy-powders/?affiliate=integratedlifestrategies>
- **DesBio Mold Homeopathic**
email lisa at journeyhh@outlook.com to order



Ozgun, E., G. Guler, and N. Seyhan. 2010. Mobile phone radiation-induced free radical damage in the liver is inhibited by the antioxidants N-acetyl cysteine and epigallocatechingallate. *Int J Radiat Biol* 86 (11):9

"A novel antioxidant agent caffeic acid phenethyl ester (from Propolis) prevents long-term mobile phone exposure-induced renal impairment in rat." *Molecular and cellular biochemistry* 277, no. 1 (2005): 73-80; Ozguner, Fehmi, F. Oktem, A. Ayata, A. Koyu, and H. Ramazan Yilmaz

NeuroToxicology Volume 51, December 2015, Pages 158–165 Low intensity microwave radiation induced oxidative stress, inflammatory response and DNA damage in rat brain Kanu Megha et al

23 Studies show that EMR affects the voltage gated calcium channels and causes release of peroxynitrite Pall, M. L. (2013). Electromagnetic fields act via activation of voltage-gated calcium channels to produce beneficial or adverse effects. *Journal of cellular and molecular medicine*, 17(8), 958-965.

Peroxynitrite has been implied as causative in ALS, Parkinson, Alzheimer, MS and many other neurological conditions

Hooper, D. C., Bagasra, O., Marini, J. C., Zborek, A., Ohnishi, S. T., Kean, R., ... & Akaike, T. (1997). Prevention of experimental allergic encephalomyelitis by targeting nitric oxide and peroxynitrite: implications for the treatment of multiple sclerosis. *Proceedings of the National Academy of Sciences*, 94(6), 2528-2533. Beckman, Joseph S., et al. "ALS, SOD and peroxynitrite." *Nature* 364.6438 (1993): 584-584. Ebadi, Manuchair, and Sushil K. Sharma. "Peroxynitrite and mitochondrial dysfunction in the pathogenesis of Parkinson's disease." *Antioxidants and Redox Signaling* 5.3 (2003): 319-335. Pall, Martin L. "Elevated peroxynitrite as the cause of chronic fatigue syndrome: Other inducers and mechanisms of symptom generation." *Journal of Chronic Fatigue Syndrome* 7.4 (2000): 45-58. Smith, Mark A., et al. "Widespread peroxynitrite-mediated damage in Alzheimer's disease." *Journal of Neuroscience* 17.8 (1997): 2653-2657. Szabó, Csaba. "The pathophysiological role of peroxynitrite in shock, inflammation, and ischemia-reperfusion injury." *Shock*, 6 (2); 1996: 79-88. Szabó, C. (1996). DNA strand breakage and activation of poly-ADP ribosyltransferase: a cytotoxic pathway triggered by peroxynitrite. *Free Radical Biology and Medicine*, 21(6), 855-869.

Melatonin is – in higher doses - the strongest antioxidant and peroxynitrite scavenger in our system (Reiter, Russel J., et al. "Biochemical reactivity of melatonin with reactive oxygen and nitrogen species." *Cell biochemistry and biophysics* 34.2 (2001): 237-256.) • Zeolite: Mainah, H. S., & Adriani, L. (2011). Change of blood ammonia level and efficiency of nitrogen utilization in Priangan lambs due to klinoptilolit (Lava Vitae) addition in ration. *Lucrari stiintifice. Seria Zootehnie-Universitatea de Stiinte Agricole si Medicina Veterinara Ion Ionescu de la Brad (Romania). Treatment: Lava Vitae, 2-3 capsules 2-3 times/day. (KiScience)* • Hooper, D. C., Scott, G. S., Zborek, A., Mikheeva, T., Kean, R. B., Koprowski, H., & Spitsin, S. V. (2000). Uric acid, a peroxynitrite scavenger, inhibits CNS inflammation, blood–CNS barrier permeability changes, and tissue damage in a mouse model of multiple sclerosis. *The FASEB Journal*, 14(5), 691-698.

Chemtrails: *Int. J. Environ. Res. Public Health* 2015, 12, 9375 – 9390. J. Marvin Herndon, Received: 29 June 2015 / Accepted: 5 August 2015 / Published: 11 August 2015

Dozens of more references available – to purchase Masterclass go to :

“Brain proteome response following whole body exposure of mice to mobile phone or wireless DECT base radiation” *Electromagnetic Biology and Medicine*; Posted online on January 20, 2012. (doi:10.3109/15368378.2011.631068 (1–25) Adamantia F. Fragopoulou, Athina Samara, Marianna H. Antonelou, Anta Xanthopoulou, Aggeliki Papadopoulou, Konstantinos Vougas, Eugenia Koutsogiannopoulou, Ema Anastasiadou, Dimitrios J. Stravopodis, George Th. Tsangaris, Lukas H. Margaritis Department of Cell Biology and Biophysics, Athens University
Lyme, chronic fatigue from EBV, mould illness are symptoms of EMR exposure!

• Szmigielski, S., J. Jeljaszewicz, and Marzenna Wiranowska. "Acute staphylococcal infections in rabbits irradiated with 3-GHz microwaves." *Annals of the New York Academy of Sciences* 247, no. 1 (1975): 305-311. From the abstract: "Increased cell-membrane permeability and injury to subcellular granules and depression of phagocytic function with inhibition of intracellular killing of bacteria" • Mayers, C. P., & Habeshaw, J. A. (1973). Depression of phagocytosis: A non-thermal effect of microwave radiation as a potential hazard to health. *International Journal of Radiation Biology and Related Studies in Physics, Chemistry and Medicine*, 24(5), 449-461. • Johansson, O. (2009). Disturbance of the immune system by electromagnetic fields—A potentially underlying cause for cellular damage and tissue repair reduction which could lead to disease and impairment. *Pathophysiology*, 16(2), 157-1 • Panagopoulos, D. J., Johansson, O., & Carlo, G. L. (2015). Real versus simulated mobile phone exposures in experimental studies. *BioMed research international*, 2015. From the abstract: "Living organisms seem to have decreased defense against environmental stressors" • Shandala, M.G., Dumanski, U.D., Rudnev, M.I., Ershova, L.K. and Los, I.P., 1979. Study of nonionizing microwave radiation effects upon the central nervous system and behavior reactions. *Environmental Health Perspectives*, 30, p.115. From the abstract: The biologic effect of an electromagnetic field of a frequency of 2375 (2.4 GHz) was studied. ... causes a number of changes in

bioelectric brain activity and also in behavioral immunological, and cytochemical reactions. ... inhibition of cellular and humoral immunity were also observed.

Body Voltage Levels: Median Body Voltage Level in Mom's Bed During Pregnancy* Value Range Neurologically Impaired Children 1,872 milliVolts (380-6,040) Healthy Group 224 milliVolts (12-480) 8.4x Higher body voltage levels in moms with neurologically impaired children *Note research shows whatever the Body Voltage of the Mom, it is even higher in the fetus. Body Voltage of child in current bed location Value Range Neurologically Impaired Children 1,028 milliVolts (420-4,900) Healthy Group 120 milliVolts (0-230) Conclusion: 8.5x Higher Body Voltage in Neurologically Impaired Child's Sleeping Location www.KlinghardtInstitute.com Microwave Exposure: Microwave Power Density in Sleeping Location Neurologically Impaired Children-Mom's Bed mw/sq. meter Range Exposure In Pregnancy 290 (110-1,710) Healthy Group.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Use only as directed. Consult your healthcare provider before using supplements or providing supplements to children under the age of 18. The information provided herein is intended for your general knowledge only and is not intended to be, nor is it, medical advice or a substitute for medical advice. If you have or suspect you have, a specific medical condition or disease, please consult your healthcare provider.